



Vehicle Maintenance Tracker

Year: _____

Make: _____

Model: _____

Recommended Maintenance Intervals

Every 5,000 Miles: Oil Change, Tire Rotation, Fluid Top-offs (Coolant, Brake Fluid, Windshield Washer Fluid)

Every 10,000 miles: Brake Inspection, Air Filter Replacement, Battery Health Check

Every 30,000 miles: Coolant Flush, Spark Plugs Check/Replacement, Fuel System Cleaning

Every 60,000 miles: Transmission Fluid Check/Change, Timing Belt Inspection, Suspension & Steering Component Inspection

Every 100,000 miles: Timing Belt Replacement (if applicable), Suspension Check, Water Pump Replacement

Maintenance Log

Date	Current Mileage	Services Performed	Notes

Quick Reference Guide:

Recommended Tire Pressure (PSI): _____

Oil Type & Capacity: _____

Coolant Type & Capacity: _____

Transmission Fluid Type & Capacity: _____